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## edeye

Wednesday MAY 13, 2009

redeyechicago.com

A Chicago Tribune publication

\* FREE \*

Mmmm. All those toppings. But piling them high can pack on calories. What you should know before taking a bite 34-35

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2do » Take the **Big Timmy** Challenge at Timothy O'Toole's Pub

#### To vote

Is Chicago the No. 1 Reese's-Ioving city in America? Visit reeses.com/lovesyouback through Friday and vote for your favorite city. The winning city gets a free gas and grocery giveaway event in June.

#### To shop

Take 20 percent off all Beach Boutique apparel from 6-8 p.m. Wednesday at Club Monaco (900 N. Michigan Ave.), then sip complimentary cocktails at the afterparty, from 8-10 p.m., at JBar (610 N. Rush St.).

#### "To gorge

Win a T-shirt and the admiration of friends by tackling the Big Timmy Challenge through May at Timothy O'Toole's Pub (622 N. Fairbanks Ct.). The \$19.99 concoction is a burger with two half-pound patties, four cheeses, bacon, onions, lettuce and barbecue sauce, served with fries and onion rings.

#### txtable

### Aye, aye caption Text us a funny caption for the photo at right and

we'll print the best in an issue of RedEye. To give it a shot text the word "caption" followed by your brief caption and your name to 87708. Good luck!



#### WINNING CAPTION:

"And as you can see on this map here, you CAN see Sarah Palin's house from Russia."

-Sebastian Pinon



Hunker down-storms might get heavy



68

Now that's





Storms in the



Sunny



We all know that Chicago is hip, but which neighborhood is the coolest? RedEye is on a search to find Chicago's greatest neighborhood. Think yours is the best? Make a video and prove it. Visit http://tr.im/coolchicago and submit your video to us. Deadline: Noon May 22.



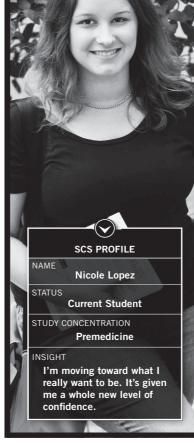
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Newsflash

## Flight's final moments

#### Pilots shared fear of flying in icy weather before plane crashed in Feb., recordings reveal

#### **Associated Press**

**WASHINGTON** Just seconds before the worst U.S. air crash in more than seven years, the pilot exclaimed "Jesus Christ" and moments later his first officer screamed as Flight 3407 plunged to the ground.

A cockpit voice recorder transcript released Tuesday by the National Transportation Safety Board shows that only minutes before the Feb. 12 crash on approach to Buffalo Niagara International Airport, Capt. Marvin Renslow and First Officer Rebecca Shaw chatted about her career and shared their fear of flying in icy weather.

Moments later the Dash 8-Q400 Bombardier, a twin-engine turboprop, experienced an aerodynamic stall and plunged into a house, killing all 49 people aboard and one man on the ground.

The transcript was released as the safety board opened a three-day public hearing Tuesday into the accident. The board was expected to focus heavily on pilot training and fatigue.

As the Dash-8 approached Buffalo on a wintry night, Shaw and Renslow first remarked to each other—less than seven minutes before the crash—about how much ice had formed on their wings. At the time they were descending from 6,000 to 4,000 feet.

"It's lots of ice," Shaw said.

"Oh yeah that's the most I've seen, most ice I've seen on the leading edges



reserved for relatives of victims. two women wipe their eyes during a hearing Tuesday in Washington on the Feb. 12 crash of a plane on approach to Buffalo Niagara International Airport.

In an area

in a long time, in a while anyway I should say," Renslow replied.

Renslow then remarked that he'd flown about 625 hours in the region before he was hired for this job by Colgan Air.

Shaw replied, "I really wouldn't mind going through a winter in the Northeast before I have to upgrade to captain. ... I've never seen icing conditions. I've never deiced. I've never seen any. I've never experienced any of that. I don't want to have to experience that and make those kinds of calls. You know I'dve freaked out. I'dve have like seen this much ice and thought, 'Oh my gosh, we were going to crash.'"

"I would've been fine," Renslow replied. "I would have survived it. There wasn't, we never had to make decisions that I wouldn't have been able to make but ... now I'm more comfortable."

#### 'We're down'

The crew lowers the landing gear and adjusts the flaps, but at 10:16:26 p.m. there's a sound similar to movement of the flap handle and First Officer Rebecca Shaw says, "Uhhh."

Less than a second later, there are sounds similar to the stick shaker—a warning transmitted through the control stick that the aircraft is nearing a stall. These last for 6.7 seconds. Less than a second later, a horn sounds signaling the autopilot disconnecting and that horn continues until the end of the recording.

Three seconds later, there's a click followed by the sound of increased engine power.

At 10:16:34.8, Captain Marvin Renslow says, "Jesus Christ."

Shaw says she put the flaps up and asks if she should put the landing gear up. Renslow replies: "Gear up, oh (expletive)."

As noise in the cockpit increases, Renslow adds: "We're down." There's a thump. Shaw: "We (sound of scream)." With that entry at 10:16:52, the transcript ends.

## Senators weigh tax hikes to pay for health care

#### **Associated Press**

**WASHINGTON** The Senate's top tax writer said Tuesday he is considering limits on the tax-free status of job-based health insurance to help pay for President Obama's plan to cover all Americans.

Finance Committee Chairman Max Baucus (D-Mont.) described his idea as senators began to grapple with how to pay for the costs of the plan, which independent experts put at about \$1.5 trillion over 10 years. There are no easy

options.

The final package is likely to include a mix of tax increases and spending cuts. Among the possibilities: tax hikes on alcoholic beverages and sugary soft drinks, and restrictions on other health care-related tax breaks, such as flexible spending accounts.

But some taxes don't seem to be on the table, such as a federal sales levy to pay for health care, or a new payroll tax.

On the controversial question of taxing

health benefits, Baucus is staking out a position that could put him at odds with Obama.

The president adamantly opposed such taxes during the campaign, arguing they would undermine job-based coverage. Obama's aides now say he's open to considering suggestions from Congress.

Many experts say that Congress won't be able to come up with the kind of money needed to provide coverage for all unless limitations on the health care tax break are part of the mix.

#### FUTURE WATC



#### I've got to tell you about the future

The CTA has started to unveil digital screens at some L stations. In this picture, sent in Tuesday by one of RedEye's eagle-eyed Twitter followers, the date indicates it's already Wednesday. So we joked that if CTA trains could reach 88 mph, they'd be able to time travel, a la "Back to the Future."

That got us thinking.

The CTA has been embracing technology, with the Bus Tracker expansion, e-mail alerts and digital screens as prime examples. So we asked our Twitter followers to tell us what they think is next for the CTA. Here are some of the responses.

It's the Flux Capacitor that makes time travel possible, and it's your participation that makes stories like this possible. Sign up at **twitter.com/redeyechicago** today. Or yesterday. **SCOTT KLEINBERG, REDEYE** 

**@leahjones** Next I want them to assign every bus/train stop with an ID, so I can search for that stop and see incoming buses/trains

**@EmilyLozano** Hot or Not CTA Bus drivers —the next big thing.

@kristijoklemm Teleportation

**@BloodDrive** How about free wifi on CTA buses/trains? SF does this already!

**@tresfabuleux** I'd like to see a train

@windycitychic Twitter updates, of course

**@mfortress** Have you seen Back to the Future 3?? Time traveling [L] trains are the next step!!! Somehow they'll still be late.

@jesswrites An espresso machine on every bus ... watch out Starbucks and McCafe!



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#### THE GREAT DEBATE

**The setup:** On Tuesday, Carrie Prejean was allowed to keep her title as Miss California USA despite questions about semi-nude photographs taken of her as a teenager and her association with a conservative advocacy group for marriage, pageant owner Donald Trump said.

## Should Miss California have kept her crown?



she's no role model

LEO EBERSOLE lebersole@ tribune.com



let ner keep her crown

KYRA KYLES kkyles @tribune.com "Savvy, goal-oriented and aware." These are the qualities Miss USA believes its beauty pageant contestants display, as stated on the pageant's Web site.

Depending on your definition of "aware," Carrie Prejean fits the profile. She does not, however, display tolerance or discretion, and that—not a flap over naked pictures—makes me question why she is still Miss California USA.

"In my country, and in my family, I believe that marriage should be between a man and a woman," she said at the Miss USA pageant.

It's the same answer President Obama gave to the gay marriage question, pageant owner Donald Trump said Tuesday in defense of Prejean (glossing over the openness Obama has expressed to admitting his answer might be wrong).

Prejean didn't break any rule, and stripping her of her crown for stating an opinion would set a bad precedent—I acknowledge this.

So I guess my issue is with The Donald: He could have set the precedent anyway and, in doing so, taken a stand against intolerance. But maybe he too was holding fast to a personal belief—that marriage is between a man and the woman he's attracted to at the moment.

Don't be disappointed that The Donald didn't snatch the crown off Miss California USA's honey-blond head on Tuesday.

I don't know how self-appointed Christian soldiers stand by a spokeswoman who gave the world a gander at her dirty pillows.

But it's pretty clear why Trump would.

He isn't concerned about the appropriateness of semi-nude shots of Carrie Prejean. Trump's only concern is that Prejean is beautiful. He said as much while excusing her indiscretions on Tuesday.

"We've determined the pictures taken were acceptable, fine, and in many cases they were very lovely pictures," Trump said at a news conference during which he repeatedly called her beautiful and lovely.

Heck, even a potential "Girls Gone Wild" candidate can be queen, as long as she looks the part. In 2006, Trump allowed another muck-up, Tara Conner, to keep her Miss USA title despite allegations against her involving drug use, sexual misconduct and underage drinking. All Conner had to do was accept a stint in a treatment facility to secure her sash, though it's obvious she was less of a leader than LiLo.

To a less damning degree, the mogul's support of Prejean proves the pageant is a joke and the Miss California crown is little more than a dunce cap.

In that case, Prejean wears it well. She should keep it.



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MAY 13, 2009 I REDEYE **7** 

## chicago -

#### 5 men convicted of Sears Tower attack plot

#### **Associated Press**

**MIAMI** Five men were convicted Tuesday of plotting to join forces with Al Qaeda to destroy the Sears Tower and bomb FBI offices in hopes of igniting an anti-government insurrection.

The jury in Miami acquitted another member of the so-called "Liberty City Six" in the sixth day of deliberations. Two previous trials ended in mistrials when jurors could not agree on the men's guilt or innocence.

They were arrested in June 2006 on charges of plotting terrorism with an undercover FBI informant they believed was from Al Qaeda. Defense attorneys said terrorist talk recorded on dozens of FBI audio and video tapes was not serious and the men wanted only money.



Batiste

Ringleader Narseal Batiste, 35, was the only one convicted of all four terrorism-related conspiracy counts, including plotting to provide material support to terrorists and conspiring to wage war against the U.S. Batiste, who was on the vast majority of FBI

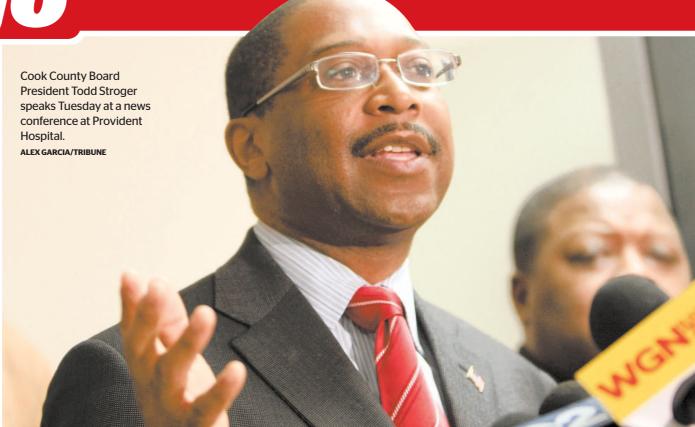
recordings, faces up to 70 years in prison.

Batiste's right-hand man, 29-year-old Patrick

Abraham, was convicted on three counts and faces 50 years behind bars. Convicted on two counts and facing 30 years are 24-year-old Burson Augustin, 25-year-old Rotschild Augustine and 33-year-old Stanley Grant Phanor. Naudimar Herrera, 25, was cleared of all four charges.

U.S. District Judge Joan Lenard set sentencing for July 27 for the five convicted men, most of whom are Haitian or have Haitian ancestry. They lived in Miami's downtrodden inner-city neighborhood known as Liberty City.

A key piece of evidence is an FBI video of the entire group pledging an oath of allegiance, or "bayat," to Al Qaeda and Osama bin Laden in a March 16, 2006, ceremony led by an FBI informant posing as "Brother Mohammed" from Al Qaeda. Testimony also showed the men took photographs and video of possible targets in Miami, including the FBI building, a courthouse complex and a synagogue.



## SLAMMED BY STROGER BOARD PRESIDENT DEFENDS DECISION TO KEEP SALES TAX HIKE

#### **Chicago Tribune**

At a news conference with the aura of a campaign rally, Cook County Board President Todd Stroger on Tuesday defended his preservation of a controversial sales tax hike and accused would-be repealers of political grandstanding.

During the half-hour session at Provident Hospital, one of the county's three public hospitals, two ministers and a political organizer flanked Stroger. They praised his leadership, while hospital employees cheered on Stroger and his backers.

"You did a bold thing, and I'm here to tell you as a representative of the community (that) you did the right thing, at the right time, for the right reason, and we defend you," said Mark Allen, a political organizer.

Allen was talking about Stroger's Monday veto of an ordinance that would have rolled back the penny-on-a-dollar sales tax hike approved last year. Commissioners last week voted 12-3 to repeal it.

Asked if he had the four votes he needs to sustain his veto, Stroger said, "Yes, I do." Tax hike opponents also remain doubtful they have enough votes to override Stroger's veto, but plan to give it a shot next week.

Stroger said new federal revenue makes it possible to responsibly lower the county sales tax rate to 1.5 percent, from 1.75 percent. But

eliminating a full percentage point would gut vital health care and criminal justice programs, he said.

"I will not allow commissioners to grandstand for political advantage at the expense of the growing number of county residents who desperately need these services," he said. "That's why I vetoed the full rollback."

Stroger also dismissed criticism from commissioners, including Forrest Claypool (D-Chicago), who say the county could repeal the increase and not damage services by eliminating patronage and streamlining government. "It's just politics," Stroger said.

Claypool, a potential primary challenger next year, said "Stroger is the one playing politics by creating a false choice, when the reality is he's mismanaged government.... If he'll just do the right thing and bring the government into the 21st Century and dispense with the good-ol'-boy system of patronage hiring, we can protect both people who need health care and the taxpayers who pay for the system."

Stroger, who plans to run for re-election but has yet to formally announce, sounded like he was in campaign mode Tuesday.

"The truth sustains me, and the truth is what we have done these last two-and-a-half years," Stroger said. "If you want to write about that, write about it. If you don't, so be it. But I'll be out in the streets talking about it."

**chicago** from news services

#### REDEYE ▮ WEDNESDAY

## Where there's smoke ...

Readers sounded off on Tuesday's "Going Public" column about smokers on CTA platforms, in stations and even aboard trains ("Riders rail against smoking on CTA"). Here's what some of them had to say.



#### **Smoky entrances**

Not only do the riders smoke on the platform, at the Halsted Orange Line station, etc., but the CTA workers smoke in the 35th-Bronzeville-IIT Green Line station and right outside of the bus at the Halsted Orange Line station. It is disgusting—they smoke right by the bus and the bus smells like smoke. At the Green Line, there are several employees that smoke right by the door, so you have to walk through smoke to get into the station.

-JENNIFER RAMIREZ, 29, BRIDGEPORT

#### Give me freedom

I think outlawing smoking in outdoor places like beaches, stadiums and train platforms is overkill. I'm glad to see a little civil disobedience on an issue of freedom. I don't smoke cigarettes, but still feel like that freedom has been taken from me with recent laws.

—JASON KOPP, 33, BUCKTOWN

#### Rude rider alert

I was riding the Green Line from 63rd & Ashland to downtown Chicago recently when the smell of cigarette smoke snapped me out of reading the newspaper.

Directly across from me was a stupid young person smoking a cigarette. He was also playing some music on his phone loud enough for everyone in that car to hear. Then, to top if off, he cleared his throat and spit on the floor. I was so upset that I imagined myself throwing him off the train while it was moving. I looked around at the other riders on the train and was surprised not to see anyone besides me being upset. They all acted like what he had did was everyday normal behavior. That's another thing that gets me: people who just accept such actions as, "oh well." Too bad a cop wasn't around.

-ĴUNE MARSHALL, 56, ASHBURN



**SPRINGFIELD** Video poker emerged Tuesday as a potential way to pay for long-stalled school construction as lawmakers struggle to pull together a major public works program before their scheduled May 31 adjournment.

The House Executive Committee voted 9-2 to advance a measure one lawmaker estimated could generate between \$200 million and \$300 million a year through a 25 percent tax on video poker games in bars, truck stops and fraternal and veterans clubs.

The lion's share would go to the school construction fund and the remaining money to local government.

With only a few weeks left in the legislative session, lawmakers are scurrying to find ways to pay for a statewide construction plan.

Aides to Senate President John Cullerton and House Speaker Michael Madigan, both Chicago Democrats, said video poker is one possible funding source. Gov. Quinn, who is pushing for a \$26 billion construction program, had no comment on the video poker legislation, a spokeswoman said.

Foes said Illinois has enough gambling.



be cloudy with showers and thunderstorms on and off pretty much all day. Sorry. We're just as upset about that as you are. ANTONIO PEREZ/TRIBUNE

#### 440 Loyola jobs cut

The Loyola University Health System in Maywood will cut more than 440 jobs, as it has encountered an influx of patients who cannot pay their medical bills with current economic conditions. The cuts will be across the board, including nurses, managers and staff at both the Loyola University Medical Center and the Loyola University Chicago Stritch School of Medicine.

#### Alderman leaving for Quinn job

Gov. Quinn on Tuesday named Ald. Billy Ocasio (26th) as a top adviser on "social justice" issues, and



the veteran **Ocasio** 

member said he would coordinate state services for Latinos. Ocasio will leave his City Council post.

#### DUI charges filed in crash

A Chicago man was charged Tuesday with drunk driving after a crash Monday night on the Dan Ryan near 79th Street that left another motorist dead, according to Illinois State Police. Tommie Taylor, 24, was already driving on a suspended license from a previous DUI conviction. The other motorist was identified as Justin Hopkins, 30.

#### Park District seeks furlough

Chicago Park District Supt. Tim Mitchell said Tuesday park employees are being asked to take unpaid days off to help avoid layoffs, even as the busy summer season approaches.

Mitchell has asked unions representing parks workers to agree to take as many as 16 furlough days this year and in 2010. He warned the park district could lay off as many as 400 people from a payroll of 1,700. "We're doing everything possible not to lay off employees," Mitchell said.

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#### That sucks A large metal baggage container too close to a departing aircraft was sucked into the engine

of a Japan Airlines Boeing 747 on Monday at Los Angeles International Airport, authorities said. AP PHOTO

#### Bad joke

Officials at Central Connecticut State University in New Britain arrested three teens for allegedly burning bags of popcorn in a microwave in a crowded dorm in the middle of the night, and then tying some doors shut so residents would think they were trapped in a burning building.

#### Snake pays price

The power was out Tuesday in Jefferson City, Mo., because a black snake got tangled in underground electrical cables. The snake was electrocuted.

#### No view for you

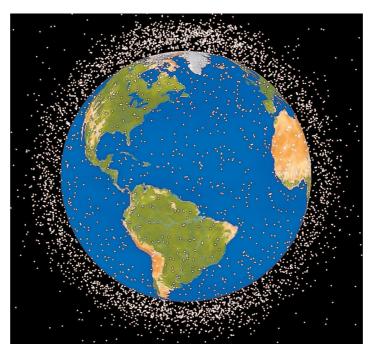
A privacy watchdog has banned Google from gathering images in Greece for its Street View service until it provides additional privacy guarantees.

#### It smells? You sure?

An office worker cleaning a fridge full of rotten food Tuesday created a smell so noxious that it sent seven co-workers to a hospital and made many others ill. When the AT&T building in San Jose, Calif., was evacuated, a hazmat team went in and found an unplugged fridge crammed with moldy food. But the worker who cleaned it out didn't need treatmentshe has allergies and can't smell.

### No space in space

This computer-generated image from NASA shows objects that are being tracked in Earth's orbit. Approximately 95 percent of the objects shown here are orbital debris, i.e., not functional satellites. Space shuttle Atlantis is flying at about 350 miles above Earth, an area littered with more dangerous space junk than the lower orbits where shuttles normally park at the international space station.





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## **American** takes on **British Parliament**

LONDON It took a sassy American to force stuffy British lawmakers to come clean over their expenses.

Heather Brooke, a 38-year-old Pennsylvaniaborn reporter, has become the scourge of Parliament, forcing the publication of legislators' expenses claims following a five-year legal battle that has exposed Britain's deep-rooted culture of official secrecy.

The expense bills reveal how lawmakers frittered away public money with claims for porn movies, chandeliers and housekeepers or repaired their tennis court, swimming pool or helicopter pad.

One legislator even charged the public for sacks of horse manure.

The revelations have ravaged the reputation of Britain's political class even as ordinary citizens worry about ballooning government spending, soaring unemployment and a painful recession.

But the scandal may never have been exposed if Brooke hadn't targeted Parliament after moving from the U.S. in 1997 to study

She says she was shocked by British apathy toward abuses of power, and suspicious of a society that seemed to block the public's right to know at every turn.

"I think there's a culture of deference here, where the public believe that people who are in power—the great and the good—still know what's best for everyone," Brooke told The Associated Press in an interview.

"I come from an American tradition, that you should always be skeptical of government and have a right to know what's been done with your money."

Brooke was raised in Seattle by parents who had emigrated from Liverpool.

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#### 09 Gary Fisher Wingra Urban Bike

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MAY 13, 2009 I REDEYE

# Sports He said -again

As new book hits shelves, Roger Clemens denies using steroids

#### **Associated Press**

Roger Clemens is done with the silent treatment.

With many fans believing allegations that the seven-time Cy Young Award winner used performance-enhancing drugs, Clemens broke his silence Tuesday with a radio appearance.

Clemens again denied that former personal trainer Brian McNamee injected him with performance-enhancing drugs in a phone interview on ESPN's "Mike & Mike in the Morning."

"He's never injected me with HGH or steroids," Clemens said.

Clemens said he chose to speak out Tuesday because it was the release date of a book about his alleged drug use.

"It's important for me to do that," he said. "I've seen excerpts of the book, and they're completely false. ... You know, guys, it's piling on. It's hurtful at times. But I'm moving on."

Clemens appeared on CBS' "60 Minutes" in January 2008, then held a news conference the next day. But he had stayed quiet since testifying before Congress the following month.

While "American Icon: The Fall of Roger Clemens and the Rise of Steroids in America's Pastime" was officially released Tuesday, its revelations were not new to the public. Clemens is under investigation by a federal grand jury in Washington trying to determine whether he lied when he told a congressional committee he had not used illegal performance-enhancing drugs. Clemens said he had not been summoned to testify before the grand jury.

Clemens' appearance returns him to the spotlight as other stars had replaced him as the most visible reminders of baseball's drug scandal. Alex Rodriguez admitted before the season he had used steroids, and Manny Ramirez was suspended last week for violating MLB's drug policy.

Clemens said he had not followed either situation closely. The Ramirez case proved "the testing program we have set up in Major League Baseball is great," he said.



#### Book him

Two devastating new biographies paint Roger Clemens as the centerpiece of an American calamity. They both retell the transformation of an Ohio boy known for his work ethic into an athlete known for his ethical problems.

The Roger Clemens who exists today is scorned by many as a cheater who used performance-enhancing drugs, broke the law to do so and then lied about it before Congress, Jeff Pearlman writes in "The Rocket That Fell to Earth: Roger Clemens and the Rage for Baseball Immortality." He is a man who lives in shame.

"American Icon: The Fall of Roger Clemens and the Rise of Steroids in America's Pastime," by four sports investigative reporters for the New York Daily News, is an exhaustive (and, truly, exhausting) study of Clemens and steroids, with a lot of sordid details alleging who did what to whom, who said what to whom, who shot what into whose behind, and whether it caused an abscess.

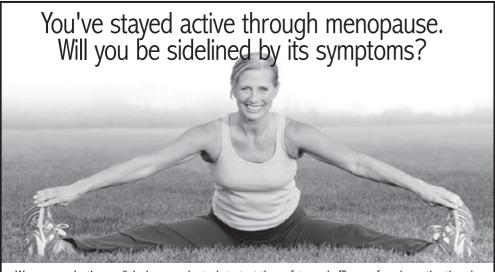
The writers' verdict: Clemens is a lout, and a steroids user, and a philanderer, though a very good pitcher indeed. DAVID M. SHRIBMAN, BLOOMBERG NEWS

#### Kane time

can it get?

See Jen Patterson on Comcast SportsNet's "Monsters in the Morning" from 6 to 9 a.m. weekdays.

	A STAR A				
ТОРІС	JEN PATTERSON redeyesports@tribune.com	JIMMY GREENFIELD jgreenfield@tribune.com	TRACY SWARTZ tswartz@tribune.com	DR. FANTASY redeyesports@tribune.com	STICK FIGURE redeyesports@tribune.com
How can Patrick Kane top himself in the Western Conference finals?	By getting in a brawl with Chelios and winning.	He can score a hat trick but this time while wearing a fake ZZ Top beard.	By performing the hockey pokey after he scores. You put your	Defeating the Undertaker again in WrestleMania and oops, wrong Kane.	Do the dancey-dance in my favorite show: "Yo Gabba Gabba."
What's your early prediction for the next Blackhawks series?	All we will be hearing from the fans is "Detroit sucks."	Hawks in seven.	Chicago will give Michigan the hand, just like the government has.	The Hawks lose a heart- breaker in seven games. 2010 will be their year.	Swell after-game parties. I can smell the popcorn now.
Where does hockey rank now on your Chicago sports interest level?	No. 1.	Above the Cubs and just below Synchronized Breathing.	Stanley is my new fave cup, now ahead of Solo and Jo Noah's cup.	Fourth. Because I don't have a fantasy hockey team yet.	I love ice most of all: ice cream, sno-cones, slushies.
How do you think the Brett Favre saga will end?	By him crying. Again.	With Favre embarrassing himself as a Viking. So a win-win for Bears fans.	If it is God's will, Favre rises again on a Sunday for the Masses.	He might have to be put into a straitjacket and forced to retire at gunpoint.	How all fairy tales end: happily ever after. He is a character, that's for sure.
The White Sox lost to last-place Cleveland on Monday. How bad	They could lose to the dreaded K.C. Royals again.	Fourth-place Cleveland can beat the last-place White Sox.	Really bad if White Sox fans trade their pinstripes for the	Considering they are behind the Royals and just sent	If Ozzie quits taking happy pills, I'd be scared for the Sox.



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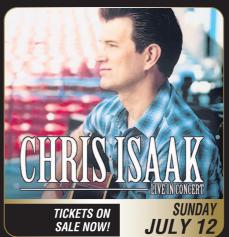












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THE MIX



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MAY 13, 2009 I REDEYE from news services **shortstops** 



#### **Bears sign TE Gaines**

Tight end Michael Gaines (above) and the Bears agreed Monday on a one-year contract. Gaines will receive a \$250,000 signing bonus on top of a base salary worth \$650,000. The total value could be \$1.25 million based on bonuses and incentives, including some tied to playing time. GETTY IMAGES FILE



Lee

#### Cubs 6, San Diego 2

Derrek Lee returned to the Cubs lineup Tuesday after missing the last week with neck pains,

batting fourth and playing first base. "It's good to get Derrek back in the lineup," manager Lou Piniella said. "He's ready to go. Good news for us."

» MLB sources said the commissioner's office will review the Ryan Dempster-Ryan Braun at-bat after Milwaukee manager Ken Macha accused Dempster of throwing at Braun's head.

#### White Sox 7, Cleveland 4

White Sox slugger Carlos Quentin has been bothered by more than just a .197 batting average over his last 19 games. Quentin was scratched from Tuesday night's starting lineup against the Indians because of a sore left heel. He could be back Friday.

» Sox closer Bobby Jenks was fined \$750 by the MLB. Jenks was penalized for comments he made in which he admitted throwing behind Texas' lan Kinsler in Saturday's win.

#### 3:43, Vancouver 4, Blackhawks 3

Canucks veteran Mats Sundin put a rebound shot past Hawks goalie Nikolai Khabibulin for Vancouver's third unanswered goal to take a third-period lead.

#### "> 5:41, Vancouver 4, Blackhawks 4

The player who loves pestering opponents got in his best dig. Hawks winger Adam Burish scored his second goal of the playoffs on an assist from Patrick Sharp.

#### 12:15, Vancouver 5, Blackhawks 4

Daniel Sedin scored on a power play as Troy Brouwer sat in the penalty box for goalie interference, a call that sent boos raining from enraged Hawks fans.

#### 13:00, Vancouver 5, Blackhawks 5

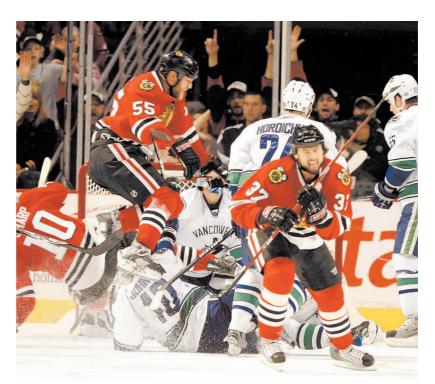
Forty-five seconds later, Kane scored his second goal of the night, wrapping around the back of the net to expose Canucks goaltender Roberto Luongo. He slid on his knee across the ice in rock star-like fashion and embraced teammate Niklas Hjalmarsson.

#### 13:49, Blackhawks 6, Vancouver 5

After enduring nine goal-less playoff games, Jonathan Toews experienced a breakthrough for himself and the Blackhawks. "I've seen Johnny step up, and you had a feeling he was going to come through with the game on the line," Sharp said.

#### "> 16:17, Blackhawks 7, Vancouver 5

Kane skated down the middle of the ice on a one-on-one against Shane O'Brien, and the United Center erupted when he scored. "I had chills going down my spine," Kane said.



Adam Burish (37) celebrates his game-tying goal Monday in the third period against the Vancouver Canucks, scott strazzante/tribune

## Third watch

#### A look back at the Blackhawks-Canucks history-making Game 6

The Blackhawks' 7-5 win Monday over the Vancouver Canucks did more than put the Hawks in the Western Conference finals for the first time since 1995—it put both teams in the history books.

The game's six combined goals in the third period were second-most in the playoffs in IO seasons.

If you missed it, here's a refresher.





watch dog WHIZZER redeyesports @tribune.com

"Patrick Kane does the unthinkable: scores a playoff hat trick—against All-Star Roberto Luongo, no less." I spoke, or wrote, those words in the April 30 edition of RedEye as part of my Blackhawks-Canucks predictions. That's why they pay me the big bucks, folks. Here now, my TV picks.



#### Cubs vs.

San Diego 7:05 p.m. CSN

As bad as they've been, the Cubs are just a couple games behind St. Louis.





#### MLB White Sox at Cleveland

11:05 a.m. CSN

I hope the Sox visit the Rock and Roll Hall of Fame to salvage this trip.

#### PBA

#### **King of Bowling**

7 p.m. ESPN2

If this is anything like "Kingpin," it'll be great.



» Lance Armstrong finished 15 seconds behind the leader in Tuesday's Giro d'Italia and dropped to sixth place overall. Armstrong is recovering from a broken collarbone and in this race for the first time.

» After seeing fans jam London's Wembley Stadium to watch the NFL the past two years, the league is considering adding a second regular-season game overseas for the 2010 season, Commissioner Roger Goodell said Tuesday.

Number of years Dr. Phil Astin, doctor of late professional wrestler Chris Benoit, who killed himself and his family, was sentenced to prison on Tuesday for illegally distributing prescription drugs to patients.

18





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MAY 13, 2009 ▮ REDEYE

## metromix <u>m</u>

## Opening bite Ristorante Al Teatro a feast for the eyes, but food needs rehearsal

#### By M. Kathleen Pratt

Week-old Pilsen spot Ristorante Al Teatro offers a full bill. There's food, sure. But chef Maurizio

Fonda's Italian fare is just part of the show. The other part, the lavish space in which it's served, is a feast for the eves.

first look

**Ristorante Al Teatro** 1227 W. 18th St. 312-784-9100

The grand, 200-

seat restaurant occupies the ground floor of Thalia Hall, the four-story corner building that lords over the intersection of 18th and Allport Streets. The hall, named for the Greek muse of comedy and idyllic poetry, houses apartments on the upper levels, as well as retail spaces that are still undergoing renovations and an interior theater, the restaurant's namesake, that's next in line for restoration. Originally completed about the time of the World's Columbian Exposition, the building earned city landmark designation nearly a century later, in 1989. But it was abandoned and in disrepair until late 2004, when restoration efforts began.

Though the building is late 19th Century, the ornate interior has been transformed into





something almost Baroque. The restaurant has a larger-than-life feel, with four airy rooms spread out over two floors. There's hardly an inch that's not gilded, covered in some sort of polished stone or painted with trompe l'oeil curtains and arches. With its beautifully restored tin ceiling, fleur-de-lis patterned upholstery and other generally over-the-top embellishments (did we mention the downstairs waterfall?), there's nowhere quite like it in the city.

Tucked away in the back of the ground-level dining room are two wood-fired pizza ovens where pizzaiolos toil under the watchful eye of a larger-than-life mural of Thalia herself. In any other restaurant, the brick ovens would be a focal point. Here, they're just another piece of eye candy vying for your attention. But to overlook them would be a mistake.

Servers ferry the pizzas (\$11.95-\$14.95) from oven to table in seconds so they arrive still steaming, flame-kissed around the edges with a chewy crust and slightly wet center. As if taking a cue from the decor, the pizza menu covers a lot of ground, listing 20 options, from the house specialty pizza al galletto (roasted dark-meat chicken, sun-dried tomatoes, housemade pesto, goat cheese and mozzarella) to classics such as margherita, quattro fromaggi and

House-made pastas are a solid bet too, with

options such as gnocchi al fromaggi (\$13.95), soft, chewy pasta pillows in a rich five-cheese sauce, and rustic, mushroom-filled tortelloni alla boscaiola (\$14.95).

Starting with our antipasto order—too-briny Mediterranean mussels in a savory white wine, herb and tomato broth—almost everything more nuanced than pizza or pasta went astray. Veal scaloppine (\$21.95) was so overpowered by tart lemon juice that we could manage only a couple of bites before puckering up—and eventually giving up. Grigliata di calamari al limon (\$14.95) suffered the opposite fate, though not to the same extreme. The grilled calamari had a divine smoky char but lacked the bright citrus notes needed for balance.

Ristorante Al Teatro owner Dominick Geraci also owns Caffe Gelato (2034 W. Division St.) in Wicker Park, and the artisan gelati (\$3.99 to go, \$5.95 dine-in), available in two dozen flavors, is every bit as rich and silky as you'd expect. Other desserts, including wonderful house-made, chocolate-dipped cannoli (\$7.95), are just as good. Most are available for carryout from the front gelato bar-which is perhaps your best option while Ristorante Al Teatro takes a little more time to rehearse its main act.

M. KATHLEEN PRATT IS THE METROMIX DINING PRODUCER. KPRATT@TRIBUNE.COM

By Rebecca Palmore



#### Mexican and **Latino Book Fair**

Northeastern Illinois University, 5500 N. St. Louis Ave.

Stock up on summer beach titles in English and Spanish at the opening day of this five-day sale and cultural expo. 9 a.m. Through Sunday. 312-563-7254.

#### X-rated spelling bee

Empty Bottle, 1035 N. Western Ave. 773-276-3600.

Shameless brainiacs compete for a \$150 gift basket from Early to Bed before sets by all-female rockers The Alright Alreadies and punk outfit The Scissors. Indie rockers AMFM close out the night. 6 p.m. bee registration; 8 p.m. show. \$8-\$10.



#### **Cindy Sunday Explains Everything**

Apollo Theater, 2540 N. Lincoln Ave. 773-935-6100. Billed as a "Christian lecture" series, comedian and musician Lauren Maul recreates her role as a choir director in mock show "The Best Church of God" with improv, original music, puppetry and special guests. 8 p.m. Through May 28. \$10.

#### **Two Brothers Beer Tasting**

Bistro 110, 110 E. Pearson St. 312-266-3110.

Brewmasters Jason and Jim Able lead a tasting of Domaine DuPage, Dog Days Dortmunder Lager, Ebel's Weiss and Cane & Ebel from the Warrenville outpost. Includes French appetizers. 6 p.m. \$25.



#### **Night Paddle**

Kayak Chicago, 1501 N. Magnolia Ave. 630-336-7245.

Kick off your weekend with a gut-busting three-hour paddle along the Chicago River. Includes a lesson on safety and operation; no experience required. 7:45 p.m. \$50. RSVP required.

**Steven Wright** Vic Theatre, 3145 N. Sheffield Ave. 312-559-1212.

The king of deadpan performs standup. 8 p.m. \$36.



#### Metromix picks: Got class?

#### TAPAS

Learn to make Spanish bites at this hands-on, three-hour girls' night out class, part of Kendall College's Spice up Your Life cooking series designed for all skill levels. \$75. 6 p.m. Friday. 900 N. North Branch St. 312-752-2196.

#### **SPRING SALADS**

Join La Madia chef Jonathan Fox for a two-hour demonstration class covering vinaigrettes and salad greens. Leave with recipes for arugula salad with chicken and endive salad with balsamic vinaigrette. Includes samples and wine pairings. 11 a.m. Saturday. \$30.59 W. Grand Ave. 312-329-0400.

#### **URBAN GRILLING**

Fire up the indoor grill and learn to cook five-spice grilled chicken, achiote grilled shrimp with grilled pineapple salsa and maple-brined pork chops in this 2.5-hour class at the Chopping Block. 11 a.m. Sunday. \$75. 222 Merchandise Mart Plaza. 312-644-6360.

#### Dining deals & events through Sunday

#### **AJASTEAK**

6-8:30 p.m. Wed.: "Staff Meal" Industry Night. \$25 threecourse dinner; 660 N. State St. Dana Hotel and Spa. 312-202-6050.

#### **BEN PAO**

11:30 a.m.-2 p.m. Wed.-Fri.: \$10.95 entree with soup, vegetable fried rice and spring roll; 52 W. Illinois St. 312-222-1888.

#### **BISTRO 110**

Sun.: \$10 carafes of house wines, \$15 for a brochette trio and dessert; 110 E. Pearson St. 312-266-3110.

#### BLUE 13

7 p.m. Sun.: \$20 family-style supper featuring a pork, beef, lamb or fish entree plus sides and dessert. Menu changes weekly; 416 W. Ontario St. 312-787-1400.

#### CAFE BA-BA-REEBA!

Wed.-Sun.: \$1.50 pintxos; 4-6 p.m. Wed.-Sun., 10 p.m.-midnight Fri.-Sat. \$1 pintxos in the bar only; 2024 N. Halsted St. 773-935-5000.

#### DRAGONFLY MANDARIN RESTAURANT

Sun.: Half-price bottles of wine; 832 W. Randolph St. 312-787-7600.

#### DUNLAY'S ON CLARK

Wed.: \$5 burgers; 2600 N. Clark St. 773-883-6000.

#### DUNLAYS ON THE SQUARE

Wed.: Half-price cheeseburgers; 3137 W. Logan Blvd. 773-227-2400.

#### EXPOSURE RESTAURANT

Wed.: Buy two small plates, get one free; 1315 S. Wabash Ave. 312-662-1082.

#### FIRESIDE RESTAURANT

Wed.: Half-price appetizers; Thu.: \$3 off sandwiches; 5739 N. Ravenswood Ave. 773-561-7433.

#### **GIOCO**

Wed.-Fri.: \$14.95 threecourse lunch; 1312 S. Wabash Ave. 312-939-3870.

#### THE GROCERY BISTRO

5-7 p.m. Wed.-Fri.: \$25 three-course menu; 11:30 a.m.-2:30 p.m. Wed.-Fri.: \$15 three-course lunch; 804 W. Washington St. 312-850-9291.

#### KINZIE STREET CHOPHOUSE

3-6 p.m. Wed.-Fri., 4-6 p.m. Sat.-Sun.: \$2.95 and \$5 bar menus with drink purchase; 400 N. Wells St. 312-822-0191.

#### KOHAN JAPANESE RESTAURANT

Wed.-Sun.: Free appetizer for parties of four or more; 11:30 a.m.-3 p.m. Wed.-Fri.: \$11.95 lunch buffet; 730 W. Maxwell St. 312-421-6254.

#### **A MANO**

Thu.: \$5 pizzas; Sun.: Half-price bottles of wine; 335 N. Dearborn St. 312-629-3500.

#### MK

Wed.: Wine on Wednesdays. \$25 for three glasses of wine and three menu tastes; Sun.: Industry Night. 20 percent off entire bill; 868 N. Franklin St. 312-482-9179.

#### MORTON'S, THE STEAKHOUSE

5-6:30 and 9-11 p.m. (11:30 p.m. at State Street location) Wed.-Sun.: \$5 bar bites menu; 1050 N. State St. 312-266-4820 and 65 E. Wacker Pl. 312-201-0410.

#### **OSTERIA VIA STATO**

Sun.: No corkage fee for BYOB; 620 N. State St. 312-642-8450.

#### P.J. CLARKE'S LINCOLN PARK

4:30-8:30 p.m. 4:30 p.m. Sun.: Half-price bottles of wine with purchase of two entrees; 1141 W. Armitage Ave. 773-327-8000.

#### **RED LIGHT**

Wed.-Thu., Sun.: \$20.99 three-course dinner; 820 W. Randolph St. 312-733-8880.

#### ROPA RESTAURANT & WINE BAR

Wed.-Sun.: \$17.95 prix-fixe three-course menu; 1146 W. Pratt Blvd. 773-508-0002.

#### SIXTEEN

11:30 a.m.-2:30 p.m. Wed.-Sat.: \$32 threecourse lunch; 401 N. Wabash Ave. Trump International Hotel & Tower Chicago, 16th Floor. 312-588-8030.

#### SULLIVAN'S STEAKHOUSE-CHICAGO

5-6 p.m. Wed.-Sun.: \$29 three-course menu featuring prime rib; Thu., Sun.: \$5 martinis, glasses of wine and sparkling wine, half-price bar entrees; Sun.: \$29 three-course dinner, available in the bar; 415 N. Dearborn St. 312-527-3510.

#### SWEETS & SAVORIES

Wed.-Sun.: \$29 threecourse meal, no corkage fee for BYOB; 1534 W. Fullerton Ave. 773-281-6778.

#### TAPAS VALENCIA

4-6 p.m. Wed.-Fri.: \$2 select hot and cold tapas in the bar; 1530 S. State St. 312-842-4444.

#### TRATTORIA NO. 10

5-7:30 p.m. Wed.-Fri.: \$12 all-you-caneat buffet; 10 N. Dearborn St. 312-984-1718.

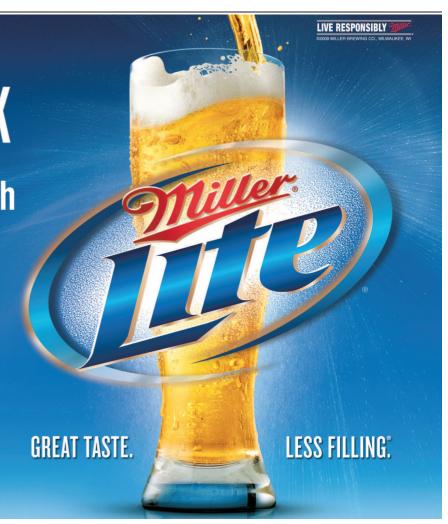
#### VIA CARDUCCI

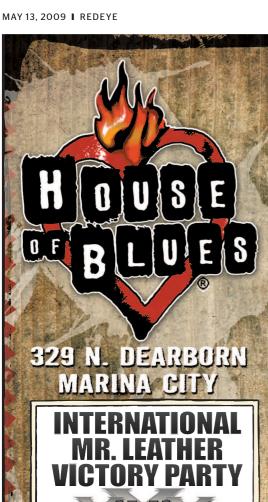
Wed.: Half-price select bottles of wine; 1419 W. Fullerton Ave. 773-665-1981.

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- A: Wednesday because I get to serve my favorite drinks and of course ice cold Miller Lite!
- Q: What is the best part about bartending in Wrigleyville?
- A: The Houndstooth neighborhood regulars and TRUE Cubs fans...
- Q: What has been your strangest request?
- A: Can I get a margarita 64?
- Q: What is your favorite Chicago Season?
- A: Summer time in the Chi...the good life!







































the church Adam Franklin All Ages!

6-25 Joe Chico DeBarge



Better Than Ezra 6-27 Tyrone Wells

101.9<sub>fm</sub>

The Avett Bothers 6-28 Samantha Crain & the **Midnight Shivers** 

100P \*RESCHEDULED\* 6-29 Michael Schenker Group Doug Doppler

Jazmine Sulivan 6-30 Ryan Leslie



**VNV Nation** War Tapes All Ages!

Summer Slaughter 7-13

Richard Cheese & Lounge **Against The Machine** 

Misfits 8-9 Juicehead

**Edwin McCain** 8-15

The B-52's 8-21 The Dials

930

Badfish A Tribute To Sublime Scotty Don't All Ages!

**UFO** 10-16

VISIT HOB.COM/CHICAGO FOR A COMPLETE SHOW LISTING!

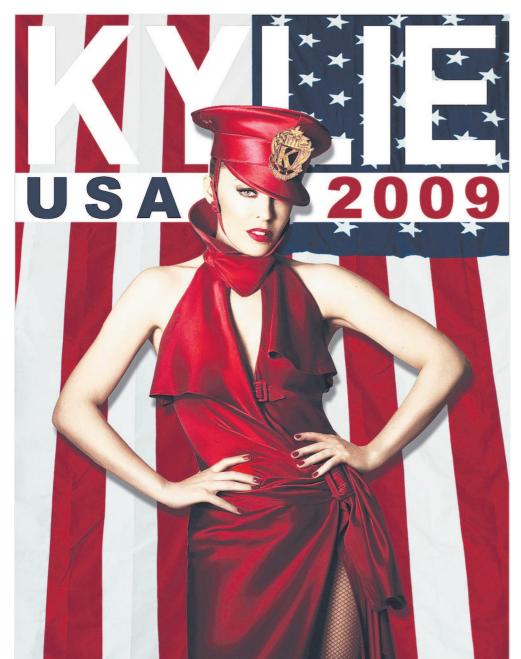


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VISIT LIVENATION.COM FOR SHOW INFO

22



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23 MAY 13, 2009 ▮ REDEYE





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- **DEF LEPPARD / POISON, Cheap Trick**
- CRUE FEST 2, Mötley Crüe, Godsmack
- **ROCKSTAR ENERGY DRINK MAYHEM FESTIVAL**
- MARILYN MANSON, SLAYER
- **WARPED TOUR**

#### **NICKELBACK**

- Hinder, Papa Roach, Saving Abel
- **CREED**
- **DAVE MATTHEWS BAND** Willie Nelson & Family

**DAVE MATTHEWS BAND** Umphrey's McGee

**COLDPLAY** Elbow, Kitty Daisy & Lewis

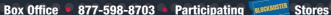
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All dates, acts and ticket prices subject to change without notice. Ticket prices subject to applicable fees.

FOR MORE INFO CONTACT: 866-VIP-TIXX (866-847-8499) • CHICAGOVIP@LIVENATION.COM

#### Random Acts of Greatness 5 things we're loving this week

The half-price menu at Ravenswood BYOB **Grand Katachi** (4747 N. Damen Ave.). Good maki, even better deal.

The Magical Morning Tart (\$8) from Urbanabased Tiny Greens Organic Farm at the **Green City Market** 

(1750 N. Clark St.).

A sprouted wheat



tortilla provides the foundation for locally produced toppings, including caramelized honey, goat cheese, seasonal fruit and microgreens. This weekend, fresh strawberries or rhubarb compote could join the rotation.

It's easy to forget about **Jake's Pub** (2932 N. Clark St.), an unassuming Lakeview corner bar. But what it lacks in flash, it makes up for with cheap prices and an expansive beer selection, from Lindemans lambic on tap to Wittekerke in cans.

The delightfully sloppy guacanachos **appetizer** (\$5.99) at brand-new Mexican BYOB La Fonda del Gusto in Wicker Park (1408 N. Milwaukee Ave.). Topped with Chihuahua cheese, refried beans, guacamole, pico de gallo and roasted poblano-infused sour cream, these warm tortilla chips were a perfect warmup for dinner and offered an excellent chewy-tocrisp ratio.

Steppenwolf Theatre Company's firstever Shakespearean production, "The



Tempest." Ensemble member Jon Michael Hill delivers a mesmerizing performance as the sprite Ariel.

#### Join the randomness!

What are you loving this week? Log onto metromix.com to send us your own Random Acts of Greatness. You might just spot your pick in a future issue.

#### **Wednesday deals**

#### **10PIN BOWLING** LOUNGE

6 p.m.: Bowling for the Champs. In a response to President Obama's remarks about Special Olympics athletes during an appearance on "The Tonight Show with Jay Leno," bowlers aim to beat Obama's high score of 129. Includes prizes, one hour of bowling, pizza and two drink tickets for beer or wine. \$30; 330 N. State St. 312-644-0300.

#### **AVILA**

6 p.m.: Latin Quarter. Take free salsa lessons (6:30-7:30 p.m.) and snack on appetizers on the third floor. Salsa, merengue and bachata music continues all night. No cover before 10 p.m., \$10 after; 203 W. Superior St. 312-787-8720.

#### **BUTTERFLY SOCIAL CLUB**

\$3 PBR can and shot, \$4 select organic beers, \$5 organic Italian sodas, DJs spin 6 p.m. No cover; 722 W. Grand Ave. 312-666-1695.

#### **CANS**

8 p.m.: Dirty Bingo. The popular board game gets a raunchy reworking at this monthly bash. The \$10 cover buys players 10 bingo boards and one drink (each additional board costs \$1; every \$10 board comes with a drink). Includes prizes. \$10; 1640 N. Damen Ave. 773-227-2277.

#### **CLEOS ARMITAGE**

\$3 Sapporo drafts, \$4 glasses of wine, \$5 salads, pulled pork sandwiches and dip trios: 2048 W. Armitage Ave. 773-227-6700.

#### EMPTY BOTTLE

8 p.m.: AMFM. Watch participants compete in an X-rated spelling bee. Want to play? Come at 6 p.m. to register. The Scissors and Alright Alreadies perform. \$8-\$10; 1035 N. Western Ave. 773-276-3600.

#### **EVIL OLIVE**

I Love House Music Wednesdays. \$2 High Life cans, \$5 Stoli cocktails, DJs spin 10 p.m. \$5; 1551 W. Division St. 773-235-9100.

#### **FION WINE & SPIRITS**

\$3.50 craft and import bottles; 426 W Diversey Pkwy. 773-549-5400.

#### **FIVE STAR BAR**

23 cent jumbo wings, \$2.50 Tecate cans; 1424 W. Chicago Ave. 312-850-2555.

#### **GRACE O'MALLEY'S**

\$5 Guinness, Harp and Smithwick's pints, free dessert with purchase of Irish entree, \$5 burger and fries; 1416 S. Michigan Ave. 312-588-1800.

#### **HARRY CARAY'S TAVERN**

\$2 Bud bottles, \$3.50 Goose Island products: 3551 N. Sheffield Ave. 773-327-7800.

#### **HIDDEN SHAMROCK**

\$3.50 Blue Moon pints, \$2 PBR drafts, \$3 SoCo Lime shots, \$5 cherry, Bacardi O and grape bombs, open mic 9:30 p.m.; 2723 N. Halsted St. 773-883-0304

#### **HUNT CLUB**

\$5 specialty martinis; 1100 N. State St. 312-988-7887

#### JUNIOR'S SPORTS LOUNGE

Half-price appetizers, \$5 Bacardi moiitos and select martinis. trivia 8 p.m.; 724 W. Maxwell St. 312-421-2277.

#### THE KERRYMAN

\$2 Blue Moon and Stella drafts, \$3 Jameson shots, \$4 Ketel One cocktails: 661 N. Clark St. 312-335-

#### **KROLL'S SOUTH LOOP**

\$3 Captain Morgan cocktails, \$3 Heineken. Heineken Light and Amstel Light bottles, \$5 select glasses of wine, half-price bottles of wine: 1736 S. Michigan Ave. 312-235-1400.

#### LANDMARK

Wino Wednesdays. Complimentary flatbread pizzas with bottle purchase (7-8 p.m.), \$5 Svedka cocktails, \$8 Svedka martinis, half-price bottles of wine: 1633 N. Halsted St. 312-587-1600.

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#### Pronounced Oh-EE-She, means delicious

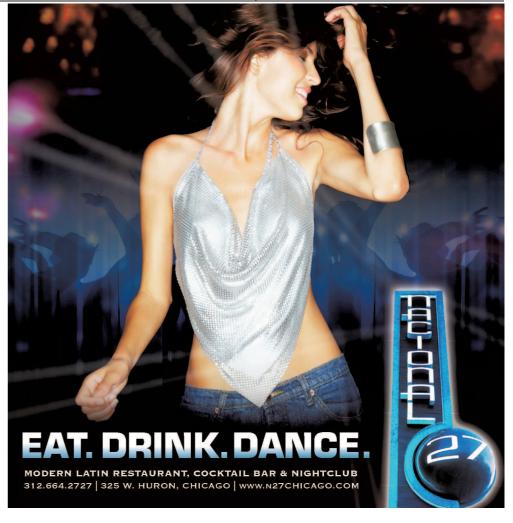
In Japan, an Izagaya is a bistro type restaurant serving traditional food in a relaxed atmosphere. Oysy follows the concept of an Izagaya. Oysy allows you to sample many dishes from the traditional to the exotic and offers only the very best of Japanese cuisine at an affordable price. Portions are just enough to share and we encourage you to sample many different dishes at a reasonable price

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26 bars&clubs (ii) REDEYE I WEDNESDAY

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#### **NIGHTCRAWLERS** Shots of who we've seen on the scene

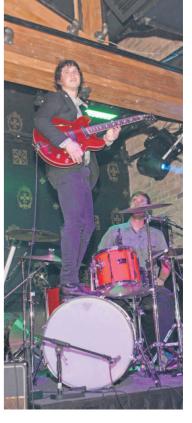


#### And they rocked

Readers cast text votes for their favorite of four bands playing our **Rock 'n' Vote 2009 concert** at **LaSalle Power Co.** (500 N. La Salle St.) on May 7. Pictured: Cobalt and the Hired Guns (below left), Pet Lions (right) and lots of partiers dancing and cheering for winning band I Fight Dragons. **BARRY BRECHEISEN FOR METROMIX** 







#### »» page 25

#### LIZZIE MCNEILL'S

15 percent off total bill with AMC ticket stub, \$4 Budweiser American Ale, Killian's and Bud Light drafts; 400 N. McClurg Ct. 312-467-1992.

#### LUMEN

Burnout Wednesdays. \$3 PBR cans, \$5 Svedka cocktails, DJs spin. No cover; 839 W. Fulton Market. 312-733-2222.

#### **MCFADDEN'S**

\$1 cans, \$2 well drinks, \$3 bombs, 25 cent wings, \$7 Reuben with fries; 1206 N. State Pkwy. 312-475-9450.

#### **MOE'S CANTINA**

\$2 strawberry and house margaritas, \$3 skewers; 3518 N. Clark St. 773-248-0002.

#### NICK'S FISHMARKET GRILL

\$2-\$5 bar bites menu (4-8 p.m.), \$7 select glasses of wine and cocktails; 51 S. Clark St. Street Level. 312-621-0200.

#### **PLAN B**

\$1 Bud Light drafts, \$2 well drinks, \$3 bombs, half-price appetizers; 1635 N. Milwaukee Ave. 773-252-2680.

#### **POAG MAHONE'S**

Half-price spinach artichoke dip and chips and salsa (3 p.m.), \$3 vodka cocktails, \$5 Bell's Oberon drafts and glasses of sangria; 333 S. Wells St. 312-566-9100.

#### **THE RAIL**

50 cent chili, \$1.50 burgers with fries, \$3 Sierra Nevada drafts, \$4 bombs; 4709 N. Damen Ave. 773-878-9400.

#### **RED KIVA**

7 p.m.: Chick Flicks. Watch "Steel Magnolias" while snacking on free popcorn. Includes halfprice bottles of wine. Guys are welcome too. No cover; 1108 W. Randolph St. 312-226-5577.

#### RELAX LOUNGE

\$6 Maker's Mark and Ketel One cocktails; 1450 W. Chicago Ave. 312-666-6006.

#### SANGRIA RESTAURANT AND TAPAS BAR

Half-price sangria pitchers, half-price bottles of wine; 901 W. Weed St. 312-266-1200.

#### SIMONE'S BAR

10 p.m.: Northern Soul. DJs Jewn the Goon and Slim Zee Brown spin funk, soul and reggae at this monthly dance party. No cover; 960 W. 18th St. 312-666-8601.

#### THE SPOT

\$10 all-you-can-eat wings, \$8 Boone's Farm bottles, karaoke 9 p.m. No cover; 4437 N. Broadway. 773-728-8934.

#### **SUBTERRANEAN**

\$2 PBR cans, \$4 Three Olives cocktails, DJs spin 10 p.m. No cover; 2011 W. North Ave. 773-278-6600.

#### **SUITE LOUNGE**

\$4 Coors Light bottles, \$6 Ketel One cocktails, \$6 Three Olives grape bombs. No cover; 1446 N. Wells St. 312-787-6103.

#### SULLY'S HOUSE TAP ROOM AND GRILL

Half-price cheese or single-topping pizzas, \$5 select cocktails; 1501 N. Dayton St. 312-929-2779.

#### TOONS BAR AND GRILL

\$3 drafts and pineapple vodka shots, \$4 burgers. No cover; 3857 N. Southport Ave. 773-935-1919.

#### **UNION PARK**

\$1 domestic drafts; 228 S. Racine Ave. 312-243-9002.

#### **VICTORY LIQUORS**

\$1 Miller Lite bottles, half-price burgers, karaoke 9 p.m.; 2610 N. Halsted St. 773-348-5600.

#### WEATHER MARK TAVERN

\$2 domestic bottles, \$6 select sandwiches and salads; 1503 S. Michigan Ave. 312-588-0230.

#### WESTEND BAR & GRILL

\$5 salads, \$5 glasses of wine; 1326 W. Madison St. 312-981-7100.

MAY 13, 2009 I REDEYE



REDEYE ▮ WEDNESDAY

## MUSIC

## Happily angry Post Honeymoon's gloomy music is no reflection of its married members' relationship

#### **By Matt Pais**

Marriage. Being in a band. Same thing?

"You're living together; you've got common goals; you have your expenses together; you're doing a business," says Rachel Shindelman, who with husband

Nick Kraska comprises Post Honeymoon, the Logan Square-based indie rock band releasing its self-titled, full-length debut June 9.

The record's a loud, sometimes angry collection of moody, pulsating beats driving behind Shindelman's dramatic warble—which has the personality of something pretty that's learned about being nasty. Before the album release, the couple is embarking on its first tour without any other members (unlike their previous experience touring with local outfits Bang! Bang! and New Black). Shindelman, 34, doesn't seem too worried.

#### How would you summarize your sound in five words or less?

Dark. Intense. Crunchy—dirty, maybe dirty is a better word. Sparse. Big.

#### What would people think about your relationship if they just heard the record?

They would think I was absolutely crazy. It looks like we have a much more fiery and contentious and dramatic relationship than we do in real life.

#### How are you feeling about going out on the road just the two of you?

I'm excited. It's a little bit like a post honey-

#### **Local focus Post** Honeymoon

When: 9:30 p.m. Thursday Where: Empty Bottle, 1035 N. Western Ave. Tickets: \$8. 773-276-3600

**Rachel Shindelman with** husband Nick Kraska

moon. I'm sure we'll totally get sick of each other after about week three.

#### And then what happens?

Then we get in a fight, but the band doesn't break up because we're married. And we make up. I'm sure there will be a lot of one person riding in the back of the van and sulking. Probably me.

#### What can people expect at the live show?

We try to be intense, and we're pretty unexpectedly noisy, 'cause there's just two of us.

#### Do you switch off instruments at all throughout the show?

I have two keyboards, so I just stick with that. Then Nick, my better half, plays drums on about half of the songs, and on the other half, we have Roland, our trusty drum machine, on drums and Nick plays bass.

#### What would happen if you two switched roles

We'd get divorced. [Laughs] I am a classic tempo dragger, and I would probably be the world's worst drummer and bass player. And Nick is not known for his ability to sing in tune either. We probably have more fights about both of those issues than anything.

You sing about everyday responsibilities in "Little Messes." How do you feel about house-



**Protest the Hero** May 14 at Reggie's Rock Club

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Rapper's new "Jigsaw" is like a jolt of energy.

GETTY IMAGES FILE



Power Co.

Free!



Chicago pop-rockers play from new "Things We Would Rather Lose.'

MAY 13, 2009 I REDEYE 29

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#### Maximo Park

"Quicken the Heart" (Warp Records)

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**The buzz:** No, not Futureheads or Bloc Party or Arctic Monkeys or Kaiser Chiefs or Dirty Pretty Things. English quintet Maximo Park may not be the most-talked-about band among their contemporaries, but they've been nominated for the Mercury Prize and delivered two smart, solid albums ("A Certain Trigger," "Our Earthly Pleasures") of well-crafted, sometimes danceable indie rock.

**The verdict:** This isn't more of the same as much as it is a band perfecting a formula. Tapping into the tension of relationships about to end and memories hanging on by a thread (for better or worse), singer Paul Smith crafts elliptical lyrics both direct and cryptic. These are consistently vulnerable characters with consistently interesting stories, amplified by music—informed by '80s pop and 21st century Brit-rock—that appeals to both the toes and the hips. The band understands that people dance not just to bring on the fun but to shake off the sorrow, captured perfectly in the poetic "Calm," in which Smith sings, "She said to think of her when I'm alone/but I'm never alone when I want to be" just before keyboardist Lukas Wooller anchors an absolutely cathartic dance break. Though a touch more dynamic variety wouldn't hurt, "Quicken the Heart" is a killer trip to emotional purgatory, and an album likely to make you equally reflect and cut loose—with a resolute determination not to let the past win.

**Did you know?** The band is sporadically sexy on their own (such as on "Let's Get Clinical"), but they also tackled someone else's get-the-ladies-started ode for Radio One's 40th birthday compilation: Justin Timberlake's "Like I Love You." MATT PAIS

#### hold chores?

Nick was just totally teasing me about that song the other day because our house is so messy.

#### What was he saying?

He was like, "For all these chores you supposedly do, our house certainly is dirty."

#### Which is dirtier: Your music or your house?

Oh s\*\*\*. That's a really good question. It's a toss-up. It might be my house.

#### Where did you go on your actual honeymoon? We went to Puerto Vallarta.

#### How does that compare to driving across the country in a van?

I'm gonna say driving across the country is a lot less luxurious. We'll be sleeping on a lot of floors and eating a lot of fast food. But it'll be fun

#### Tell me something random about Post Honeymoon.

We have a secret message on our album about our dog, on the vinyl. We have a greyhound [named Pike, and we're] a little bit obsessed with him. Once the vinyl record comes out, we've got a little message scratched into the vinyl for him.

#### What does it say?

I think it's, "Who wants to go for a doggie walk?"

#### Is that an offer you're extending to fans too?

Yeah, any fans who want to take our dog for a doggie walk are absolutely welcome to.

#### Oh, I thought you meant you'd walk the fans.

I don't know. That might be a little creepy.

MATT PAIS IS THE METROMIX MUSIC AND MOVIES PRODUCER.

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#### Metromix's top shows

#### WOODHANDS

Canadian electronic pop that's like partying on a roller coaster. With Clique Talk, eyesearsnose. 9 p.m. \$8-\$10. Abbey Pub, 3420 W. Grace St. 773-478-4408.

#### **THE DEARS**

Proving indie pop isn't always

so sunny. With Great Northern, Eulogies.

10 p.m. \$15. Lakeshore Theater, 3175 N. Broadway. 773-472-3492.

#### **BEN LEE**

Australian singer plays from new, "The Rebirth of Venus." With Low vs. Diamond, Dawes. 8 p.m. \$15. Bottom Lounge, 1375 W. Lake St. 312-666-6775.

#### AMFM, THE SCISSORS AND ALRIGHT ALREADIES

Come for the music, stay for the X-rated spelling bee. 8 p.m. \$8-\$10. Empty Bottle, 1035 N. Western Ave. 773-276-3600.

#### Wednesday concerts

#### ALFONSO PONTICELLI AND SWING GITAN

9 p.m. \$25-\$30. Green Mill, 4802 N. Broadway. 773-878-5552.

#### ART BURTON AND CONGO SQUARE

8:30 p.m. Cover varies. The Velvet Lounge, 67 E. Cermak Rd. 312-791-9050.

#### THE BIRTHDAY MASSACRE, I AM GHOST, DOMMIN

5 p.m. \$13-\$15. Reggie's Rock Club, 2109 S. State St. 312-949-0120.

#### CHICAGO SINGER SPOTLIGHT: NINA LEAR, LIZ HEALY, OTHERS

8 p.m. \$30 (includes one drink). FitzGerald's, 6615 Roosevelt Rd., Berwyn. 708-788-2118.

#### DAME MYRA HESS MEMORIAL CONCERT

12:15 p.m. Free. Chicago Cultural Center, 78 E. Washington St. 312-744-6630.

#### DAN HICKS AND THE HOT LICKS

8 p.m. \$30. Logan Square Auditorium, 2539 N. Kedzie Ave. 773-252-6179.

#### DAVE SPECTER

9:30 p.m. \$10. Buddy Guy's Legends, 754 S. Wabash Ave. 312-427-0333.

#### **ELAINE DAME TRIO**

7:30 p.m. \$25, reservations required. Maxim's: The Nancy Goldberg International Center, 24 E. Goethe St. 312-744-8497.

#### FRANK CATALANO SEXTET

2 a.m. Free. Green Mill, 4802 N. Broadway. 773-878-5552.

#### IRON AND WINE, DISAPPEARS

9 p.m. Sold out. Schubas, 3159 N. Southport Ave. 773-525-2508.

#### **JEFF BROWN**

8 p.m. Tips/donations. Uncommon Ground on Clark, 3800 N. Clark St. 773-929-3680.

#### JIMMY BURNS, MAURICE VAUGHN

9:30 p.m. \$12. Kingston Mines, 2548 N. Halsted St. 773-477-4646.

#### KILL MEMORY CRASH, SABER, NEW CANYONS, DJ TRANCID, DJ EDDIE RIOT

9 p.m. \$5. Double Door, 1572 N. Milwaukee Ave. 773-489-3160.

#### MARIMBA NACIONAL DE CONCIERTO

8:30 p.m. \$16-\$20. Old Town School of Folk Music, 4544 N. Lincoln Ave. 773-728-6000.

#### MIKE SMITH QUARTET

9 p.m. \$10. Andy's Jazz Club, 11 E. Hubbard St. 312-642-6805.

#### NAPALM DEATH, KATAKLYSM, TOXIC HOLOCAUST, ABIGAIL WILLIAMS, TRAP THEM

5:30 p.m. \$19-\$21. House of Blues, 329 N. Dearborn St. 312-923-2000.

#### OFFONOFF, RABID RABBIT

9:30 p.m. \$10. Hideout, 1354 W. Wabansia Ave. 773-227-4433.

#### PERSON OF INTEREST, DEAN WELCH AND THE RHYTHM METHOD

9 p.m. Free. Red Line Tap, 7006 N. Glenwood Ave. 773-274-5463.

#### PTODA, MARVO, JCLARK, R.O.E

9 p.m. \$10. Subterranean, 2011 W. North Ave. **housecallent.com** 

#### STEPHANIE BROWNING

5 p.m. \$5. Andy's Jazz Club, 11 E. Hubbard St. 312-642-6805.

#### TERA MELOS, NATIVE, OR SO IT GOES

7 p.m. \$10. Beat Kitchen, 2100 W. Belmont Ave. housecallent.com

#### TIRRA TIRRA, KATIE STELMANIS, ABOVE BELOW SEA LEVEL

9 p.m. \$7. Ronny's, 2101 N. California Ave. **mpshows.com** 

31 MAY 13, 2009 ▮ REDEYE



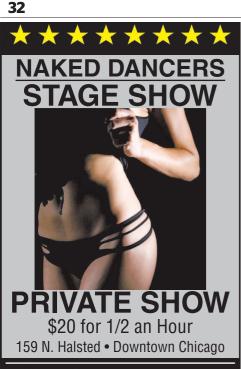


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#### On sale 10 a.m. Wednesday

**Booty Movement** Coalition. Monday. June 29 (\$8, 21+) at Martyrs'.

The Eli Story, Before Dawn, Push, Tuesday, June 9 (\$7, 21+) at Martyrs'.

**Hoyle Brothers,** Woodbox Gang. C & E Jug Band, Thursday, June 25 (\$8, 21+) at Martyrs'.

Megitza Quartet, The Hathaways, Matt Ulrev's LOOM. Monday, June 1 (\$7, 21+) at Martyrs'.

#### On sale 10 a.m. **Friday**

The Coal Men, Thursday, Aug. 27 (\$8-\$10, 21+) at House of Blues Back Porch Stage.

Bill Cosby, Saturday, Nov. 14 (\$39.50-\$75,

all ages) at Genesee Theatre, Waukegan.

Jay-Z, Ciara, Tuesday, July 7 (\$49-\$200, all ages) at Northerly Island's Charter One Pavilion.

#### **Mint Condition.** Thursday, June 18

(\$32.50-\$35, 17+) at House of Blues.

Jason Mraz, Thursday, Aug. 13 (\$35-\$45, all ages) at Northerly Island's Charter One Pavilion.

#### On sale noon **Friday**

Ha Ha Tonka, Treaty of Paris, Monday, June 15 (\$10, 21+) at Schubas.

Lost in the Trees, Thursday, July 9 (\$8-\$10, 21+) at Schubas.

Lymbyc Systym, Chris Bathgate, Thursday, July 23 (\$8-\$10, 18+) at Schubas.

Richard Swift, Sunday, July 5 (\$10-\$12, 21+) at Schubas.

The Wrens, Friday, July 24 (\$15, 18+), Saturday, July 25 (\$15, 21+) at Schubas.

#### On sale 5 p.m. **Friday**

#### Heaven and Hell, Coheed and Cambria.

Wednesday, Aug. 19 (\$19.50-\$75, all ages) at Northerly Island's Charter One Pavilion.

#### On sale 10 a.m. **Saturday**

Priscilla Ahn, Sunday, Aug. 16 (\$14-\$16, 21+) at Schubas.

#### The Dead Weather, Tuesday, July 28,

Wednesday, July 29 (\$30, all ages) at Vic Theatre.

Dream Theater, Zappa Plays Zappa,



Beardfish, Pain of Salvation, Sunday, Aug. 23 (\$45-\$75, all ages) at Chicago Theatre.

Green Day, Monday, July 13 (\$25-\$49.50, all ages) at United Center.

Jackie Greene, Wednesday, July 1 (\$18, 21+) at Schubas.

**Toad the Wet** Sprocket, Monday, July 27 (\$30, all ages) at Park

#### On sale noon Saturday

**Duff McKagan's** Loaded, Thursday, July 2 (\$15, 21+) at Double Door

Fever Ray, Saturday, Oct. 3 (\$25, 18+) at

The Lawrence Arms, Saturday, Oct. 24 (\$16, all ages) at Metro.

Liquid Soul, Friday, July 3 (\$10, 21+) at Double Door.

Nosia, Carbide. Nameloc, Thursday, June 18 (\$5-\$10, 21+) at Smart Bar.

Pink, The Ting Tings, Saturday, Sept. 26 (\$39.50-\$59.50, all ages) at Allstate

Violent Kim, Tuesday, June 23 (\$7, 21+) at Double Door.

#### On sale now

St. Vincent, Sunday, June 7 (\$13-\$15, all ages) at Metro.

Yeah Yeah Yeahs, Tuesday, May 26 (\$27.50-\$30, all ages) at Aragon.



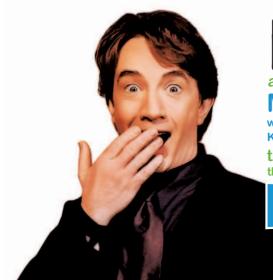


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pop

**No. 1** Sandwiches are the No.1 most frequently consumed product at home, and ham sandwiches are the most popular.

\$18.9B U.S. sales of leading sandwich, sub and wrap restaurants in 2008, up 3.5 percent from 2007. **92%** Percentage of Americans who say they eat a sandwich at least once in a two-week period.

#### Fat-matics

Using turkey breast on a sub roll as a base, RedEye created sandwich examples from three popular chains to show how many calories, grams of fat and milligrams of sodium each ingredient adds to your sandwich. All calculations are based on nutritional information available on the restaurants' Web sites.



#### **POTBELLY**

#### Turkey on 6-inch wheat bread

374 calories, 5g fat, 1,560mg sodium

- » Add provolone cheese: 75 calories, 5g fat, 98mg sodium
- » Add mayo: 100 calories, 11g fat, 70mg sodium
- » Add mustard: 14 calories, 1g fat, 191mg sodium
- » Add hot peppers: 50 calories, 5g fat, 420mg sodium

Topping total: 239 calories, 22g fat, 779mg sodium

Sandwich total: 613 calories, 27g fat, 2,339mg sodium



#### **Turkey on 6-inch** wheat bread

260 calories, 3g fat, 910mg sodium

- » Add monterey cheddar cheese: 50 calories, 4.5g fat, 90mg sodium
- » Add pickles: O calories, Og fat, 115mg sodium
- » Add olives: <5 calories, Og fat, 25mg sodium
- » Add ranch dressing: 110 calories, 11g fat, 200mg sodium

Topping total: 165 calories, 15.5g fat, 430mg sodium

Sandwich total: 425 calories, 18.5g fat, 1,340mg sodium



#### JIMMY JOHN'S **Turkey on 8-inch** French bread

311 calories, 1g fat, 1,152mg sodium

- » Add avocado spread: 20 calories, 1g fat, 84mg sodium
- » Add tomato: 6 calories, Og fat, 2mg sodium
- » Add onions: 7 calories, Og fat, Omg sodium
- » Add Italian vinaigrette: 31 calories, 2.5g fat, 61mg sodium

Topping total: 64 calories, 3.5g fat, 147mg sodium

Sandwich total: 375 calories, 4.5g fat, 1,299mg sodium ALEXIA ELEJALDE-RUIZ

#### **The Caveat**

**Emptor** At Perry's just outside the Loop, the Caveat Emptor is a triple-decker of rve bread with roast beef, corned beef, turkey, lettuce, tomato, Muenster cheese, Swiss cheese, Russian dressing and "a tad of mustard" (lest they overdo it). The menu notes: "Buyer bewareenough to share.' All of the sandwiches at Perry's are made with 6 to 8 ounces of meat, co-owner Boris Abidor said, which is double the amount dieticians recommend. When Perry's employees make a sandwich for a female customer, Abidor said, they automatically put half of the sandwich in a togo bag. "There's no way a lady can eat a whole sandwich," he said.

"It's impossible."





#### On a diet? Hold the mayo, cheese, oil, pickles ...

#### By Alexia Elejalde-Ruiz

Another day, another sandwich-turkey, of course, because you're watching your figure.

"Mayo, mustard, hot peppers?" the Potbelly employee asks, as usual. You, as usual, think that sounds just delicious.

Faster than you can say "extra pickles," your benign turkey sandwich has added another inch to your belly and another dimple to your thighs.

With all the fixings-provolone cheese, mayo, mustard, hot peppers, lettuce, onion, tomato, pickles, oil and Italian seasoning-a turkey sandwich swells to 650 calories, 30 grams of fat and 2,406 milligrams of sodium, according to the nutrition calculator on the Potbelly Web site. For a person on a 2,000-calorie diet, that's

almost half your daily recommended fat intake (65 grams) and more than your recommended sodium intake (2,400 milligrams).

To compare, a McDonald's Quarter Pounder with Cheese with ketchup, mustard, pickles and onions has 530 calories, 26 grams of fat and 1,190 milligrams of sodium (but more saturated and trans fats than the turkey sandwich), according to McDonald's site.

While many restaurants offer healthy sandwich options and detailed nutritional information, customers don't always realize that a few extra toppings can go a long way toward a bigger pants size. It's no surprise that cheese and its evil accomplice, mayonnaise, send the calorie and fat levels on an otherwise healthy sandwich soaring, but the message bears repeating as Americans increasingly outsource their sandwich-making to restaurants, where they have less control over ingredients and

MAY 13, 2009 ▮ REDEYE

Average number of sandwiches Americans consume per capita per year. sources: MINTEL, NPD GROUP



portion size.

About 4.6 percent of sandwiches eaten at home last year came from a restaurant, up from 3.1 percent 10 years before, according to the NPD Group, a market research firm. Sandwiches represent 20 percent of all restaurant orders a year, making for about 12.2 million sandwiches, NPD said.

The problem begins with the bread, which at restaurants and in supermarkets typically is larger than the 60- to 90-calorie-per-slice serving size nutritionists recommend, said Bindi Dessai Lessing, a registered dietitian and nutrition consultant based in the South Loop. When the bread is bigger, you need more condiments and toppings to cover it, and it all adds up, she said.

"You have to really watch people when they make your sandwiches," Lessing said. "You need to tell them you want one slice of cheese and

#### Sloppy sammies

Some sandwiches drip with gluttonous pride—calories be damned. Michael Stern, who runs roadfood.com and is a Chicago native, told RedEye in an e-mail that the corned beef and latkes at Manny's in University Village is one of the most indulgent sandwiches he's seen in his food travels across the U.S. Here are three more egregiously sweaty sandwiches you can find in Chicago.





#### **The Southern Fried Chicken** At Jerry's, a Wicker

Park restaurant with more than 100 sandwich suggestions and countless more make-your-own options, patrons can get creative. The most popular sandwich is the Southern Fried Chicken: fried chicken, American cheese, pickles, ketchup, hot sauce and mayonnaise on white bread. Sound like a strange combination? Co-owner Mindy Friedler has heard much worse. A customer once ordered a sandwich of turkey, portobello mushrooms, gouda cheese, peanut butter, ketchup and cranberry sauce on tomato focaccia, she said.

under 425 calories and only 6 grams of fat," said Rick Trebilcock, Potbelly's senior vice president of marketing. "All of our sandwiches and salads are made to order so our customer has total control over nutrition."

Jamie Lyles, 30, of Streeterville, thought she was making a healthy choice when she ordered the vegetable panini at Camille's, a downtown cafe, but discovered, after checking the nutritional information online, that even fresh veggies can't mitigate the 570 calories and 18 grams of fat that come with gobs of melted cheese.

Not to be fooled twice, Lyles on a recent afternoon was lunching on a Subway \$5 footlong-half of which she planned to save for later—with turkey, ham and lots of veggies, but no cheese or mayo. The nutritional toll on the sandwich half was 350 calories and 5 grams of fat, said Lyles, who already had checked online.

Certain sandwiches can be deceiving, particularly tuna salad, which has generous mayo. A 6-inch tuna salad sub from Subway clocks in at 540 calories and 30 grams of fat. Splurge on a large tuna melt from Quiznos, and you consume 1,760 calories and 133 grams of fat.

Cold cuts also can be fat traps. Jennifer Vimbor, a registered dietician who runs Nutritional Counseling Services downtown, said people should stay away from meats with white marbling, such as salami, because all the white is fat. And be wary of honey-glazed meats, whose sugar adds empty calories, and of smoked and cured meats, which add sodium, she said.

Most people are under no illusion that the sandwiches they're eating are healthy.

"I don't think it's much less than a hamburger," said Hugh Whitmore, 26, of Lakeview, as he polished off a Jimmy John's Italian sub with salami, capicola, provolone cheese, lettuce, tomato, onions, Italian vinaigrette and hot peppers (589 calories, 25 grams of fat and 1,965 milligrams of sodium, according to the Jimmy John's Web site). Whitmore, who estimates he eats a store-bought sandwich three times a week, said he compensates by nixing the chips and soda.

As he stood in line at Perry's, a downtown sandwich institution, Ernest Morris of Bellwood planned on ordering the Mad Moscow-corned beef, pastrami and a choice of mayo, mustard or Russian dressing.

"It's [healthier] than fast food," said Morris, 40, before quickly conceding that that's simply

"I like to trick myself into thinking that," he said, laughing. "I have to eat something, but the healthy stuff is terrible."

#### The Two Bagger

The Two Bagger at Wrigleyville's Lucky's, with all the fixings, starts with 2 ounces of corned beef and 2 ounces of pastrami tossed on a flat grill, with a slice of provolone melted on top. A fried egg, a few strips of bacon and grilled onions are added to the heap, along with the signature toppings: a handful of coleslaw and french fries. (Health buffs, note: It also gets two slices of

Lucky's has a challenge for customers with arteries of steel: Eat three sandwiches in an hour, and you get a framed photo of yourself on the wall and a T-shirt. Some 400 people have tried the challenge, but just 26 have succeeded, co-owner Joe DeRosa said. "Most people get pale and sweaty around the middle of the third," DeRosa said. "That's when most people quit."

three ounces of meat, which is about the size of a deck of cards." Compensate for the slimmer sandwich by loading up on dark-colored veggies such as spinach, green peppers and cucumbers, Lessing said. But beware overdoing other salty culprits. Ketchup, mustard, pickles, pickled peppers and relish have loads of sodium, and giardiniera peppers swim in oil, Lessing said. Discipline can be difficult when restaurants come out with ever-bigger sandwiches. Quizno's in March introduced \$4 Toasty Torpedos, which are more than a foot long. Potbelly on April 20 launched its new "Bigs," which are 30

percent larger than the originals (as a big, the aforementioned fully loaded turkey sandwich would have 914 calories, 45 grams of fat and 3,302 milligrams of sodium).

But most shops also offer healthy options, such as Potbelly's "Skinnys," introduced in January, which have 25 percent less fat than the original sandwiches by using less bread, cheese and meat.

"Skip the cheese, mayo, oil and hot peppers on our TKY [turkey] Skinny on multi-grain wheat, get a bag of baked Lay's and a Diet Coke or bottled water and you have a great lunch for

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poppicks REDEYE ▮ WEDNESDAY

Things that turn us on

#### TV 'Lost' season finale 8 p.m. Wednesday, ABC

It's been a season of crazy twists and time-bending trips

for the Losties and their fans. Can "Lost" masterminds Damon Lindelof and Carlton Cuse, who wrote this two-hour finale, top what's been happening on the island and set up for next year's final season? Even Michael Emerson, who plays baddie Ben, told The Associated Press he was "a bit shocked." "Can they DO that?" he asked. Apparently so.

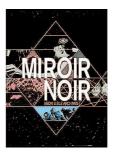
**CURT WAGNER, REDEYE** 





#### **FASHION Miss Trish of Capri lion sandals** \$29.99 at Target

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#### 'Heart on My Sleeve'

Listen at myspace.com/michaeljohnsmusic

As this season's "American Idol" winds down, Season 7 contestant Michael Johns proves that where you finish doesn't really matter as long as you've got the goods. His debut single is a gorgeous, soul-tinged pop ballad that makes the most of his big voice. GLENN GAMBOA, NEWSDAY

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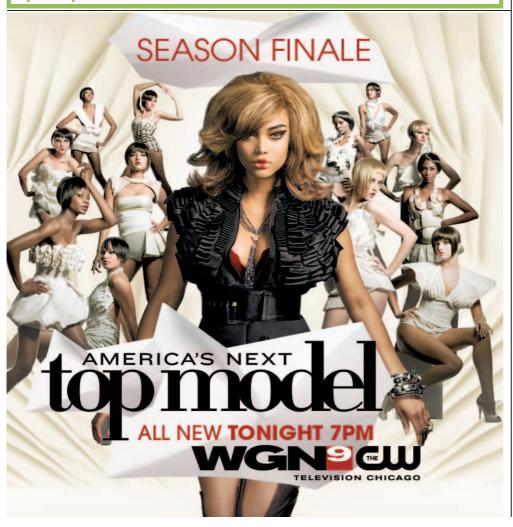


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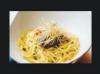




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## Add body to your vino vocabulary

Suave, deep and brooding with a fine, firm body and an alluring masculine scent. Could I be talking about a good-looking guy? Sure, but in reality these were the words I used recently to describe a syrah recommendation to someone. To the uninitiated, such wine speak may seem amusing and oftentimes baffling, but in order to explain what I'm experiencing when it comes to the look, smell, taste and structure of wine, a sort of flowery language is needed. If I were to describe the wine as simply good, the other person might not get a complete sense of what the wine is about.

Like great food, art or music, wine has many nuances and a language of its own. Below is a list of some common terms and what they mean in the context of describing wine. REDEYE SPECIAL CONTRIBUTOR ALPANA SINGHIS DIRECTOR OF WINE AND SPIRITS FOR LETTUCE ENTERTAIN YOU ENTERPRISES AND THE HOST OF "CHECK, PLEASE!" ON WITW.

**Acidity**—Refers to the tartness of a wine. A high-acid wine might seem sharp or crisp. A low-acid wine is round and soft.

**Aroma and bouquet**—Both terms refer to how a wine smells, but aroma is more commonly used for younger selections while bouquet is used for older wines.

**Balanced**—A wine that shows harmony with all components: alcohol, acidity, fruit, body and finish.

**Body**—Used to describe the weight of a wine. Using the milk scale, light body is skim, medium body is 2 percent

is skim, medium body is 2 percent and full body is whole milk.

**Earthy**—A wine that smells of earth elements such as soil, beets, chalk, mineral, mushrooms, dried leaves or forest floor.

**Finish**—The lingering taste of wine after it has been swallowed. A long finish is an indicator of quality.

**Hot**—A wine that shows excessive alcohol and leaves a burning sensation in the nose, mouth and chest.

Legs—The droplets of liquid that run down the inside of a wine glass after it has been swirled. The more legs you see, the greater alcohol content in the wine.

**Nose**—Another term that refers to how the wine smells.

**Nutty**—Refers to a wine that tastes like hazelnuts, almonds or walnuts. An indicator of increased age and that the wine has been aged in oak barrels.

**Rustic**—A word to describe a wine that is simple, straightforward and not very complex. **Spicy**—Refers to a wine that tastes of spices such as black pepper, cinnamon, cloves and

**Structure**—Used to describe how the wine feels in the mouth. **Tannic**—Refers to a wine that

is harsh and causes a drying, puckering sensation in the mouth.

#### TALK BACK

What are your favorite words to describe the flavor and scent of wine? Tell Alpana what you think at ritaredeye@ tribune.com.
Please include your full name, age and neighborhood.

#### WANT MORE?

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If you qualify, all study-related care and the study medication is provided to you at no cost. Compensation of up to \$50 per each visit is available for time and travel to those who qualify.

Call Mon-Fri for more information **1.800.494.2227** 

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#### **TUESDAY'S SOLUTIONS**

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#### **ACROSS**

- Fancy edging
- Antoinette or Osmond
- 10 Went quickly
- 15 Workers' group 16 Jutting roof piece
- 17 Ms. Barrett 18 Builder
- 20 Yuletide month: abbr.
- 21 Colorado Indians
- 22 Thing worth having
- 23 Made a blunder25 Short life history
- 26 Crop up 28 Sunbathed
- 31 Deadly
- 32 Talks 34 Prefix for toxic
- or judgmental 36 Parched
- 37 Removes water from a boat
- 38 Jason's ship, in mythology
- Grande
- 40 Opposite of wordy
- 41 Closes angrily 42 Pitfalls
- 44 Put up money in advance 45 Risk one's cash
- 46 Brag 47 Mr. Burr
- 50 School wk. openers 51 "Out" caller 51 "Out" caller 54 Cutting surface 57 Zone 58 Islamic ruler

- 59 In \_; straight 60 Ricky Ricardo's portrayer
- 61 Give for a while
- 62 Venomous snake
- 63 Hebrew calendar month

#### DOWN

- Cooking fat
- vera Idea
- Greek letter
- Pass ; gain approval Wagered
- Spanish rivers
- 26 Distant

42

Charged atom

Bacchanals' cry

13 Small impression 19 Primary pipes 21 Russia's \_\_ Mountains 24 Utter written words

25 Mammals that fly

in caves

WSW + 180°

10 Fall or Winter 11 Go by

- 27 French capital
- 28 Story 29 Filled with great delight 30 Religious belief
- 32 Train units
- 33 Towel word 35 Too inquisitive 37 Red vegetable
- 38 Brewery drinks
- 40 General direction 41 Married women in Mex.
- 43 On the train
- 50 Hotel employee 52 Small plateau 53 Duo 55 Sheep's cry

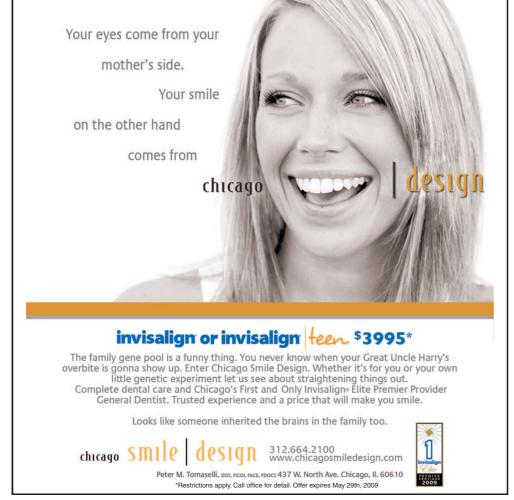
44 Think about

47 Cain's brother 48 French weapon

49 Harness part

46 Carried

56 Obsolete 57 Oklahoma city





42 REDEYE ▮ WEDNESDAY **BY JIM WALSH** » JXWALSH@TRIBUNE.COM TWITTER: @JXWALSH Keeping it real group that includes Lohan (23) and Duff (31). Taylor Swift is hotter than Danica Patrick and Hot 100 Audrina Patridge, but she is not hotter than So who's No. 1? draws from Lindsay Lohan or Hilary Duff. A rep for the mag wouldn't leak the top 10 TV regulars when we called Tuesday. But looking at the At least that's according to the folks at Maxim, who are releasing their annual Hot 100 90 names that already have been released, we list Wednesday. The list-which, as you may noticed that more than a handful are linked in have guessed, ranks the hottest 100 women of one way or another to reality TV. Could numero the moment—places Swift exactly in the middle uno be in the same category? We'll have to wait of the pack this year at No. 50. She's above the and see. Until then, here's a rundown of a few likes of Patrick (78) and Patridge (57) but below a reality TV divas already on the list. **Audrina Patridge Melissa Rycroft** Heidi Montag Kim Kardashian Claim to fame: Her straight-Claim to fame: Getting Claim to fame: Stirring Claim to fame: Talking to-DVD flick "Into The Blue dumped on "The Bachelor" up trouble on "The Hills." about her derriere and 2: The Reef." Either that or and turning heads on Being Mrs. Spencer Pratt. promoting "Keeping Up "The Hills." "DWTS." with the Kardashians." **Padma** Heidi Lakshmi **Klum** Julianne Claim to fame: Claim to fame: Hough Judging it up or Launching "Top Chef." Claim to fame: "Project Tearing up the Runway" into boards on "Dancing the main-With the Stars.' stream. **GETTY IMAGES FILE** Whitney **Port** Claim to fame: Skipping from "The Hills" the "The City" without skipping THE QUICK & DIRTY

« Julia Roberts, Jessica Alba (left), Anne Hathaway in talks to star in A-list rom-com "Valentine's Day" » Gladiators ready! "American Gladiators" creator working on movie adaptation » "Office" star Craig Robinson may avoid prison time in drug case » St. Louis woman finds "Twilight" sequel script, returns it » Lead singer of Depeche Mode taken to hospital, Athens concert canceled » Vanessa Hudgens: I'll go naked for right role » James Spader to make Broadway debut in David Mamet's new play "Race"

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## realocation of the second of t

## The saga Continues

Kate Gosselin says she's not cheating on her husband with their security person.

The "Jon & Kate Plus 8" personality tells **people.com** she's become the target of lies weeks after stories linked Jon to a 23-year-old woman.

"The next story coming out from the animals that stalk us is about our security person and his family," she said, referring to bodyguard Steve Neild. "Already the allegations they're making about me are disgusting, unthinkable, unfathomable, and I am horrified."

The fifth season of "Jon & Kate Plus 8" premieres May 25.



#### **Absolutely Eminem**

Eminem is quite the busy guy these days. The rapper is voicing an introduction to Fox's animated lineup Sunday. Also, he's showing support for laid-off autoworkers from his hometown Detroit by flying 200 of them to L.A. for Friday's taping of "Jimmy Kimmel Livel," part of his three-night gig on the ABC show, The AP reports.

July 20

**HOT DATE** 

The date of John Legend's just-added second Ravinia show. India.Arie and R&B singer Vaughn Anthony will share the bill.

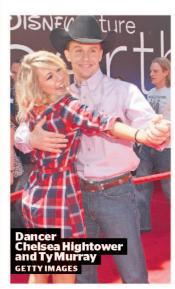
#### 4 THE VELVET ROPE



#### **Keeping the crown**

The Hair has spoken: Miss California USA can keep her crown. Despite controversies over semi-nude photographs taken of her as a teenager and her association with a conservative advocacy group for marriage, Carrie

Prejean can keep her title, pageant owner Donald Trump said Tuesday, The Associated Press reports.



#### Ty tossed

Rodeo star Ty Murray got tossed from ABC's "Dancing With the Stars" on Tuesday after failing to collect the large number of votes he needed as a long shot to stay on through next week's finale, "I got a whole new respect for what these guys do," Murray said as the studio audience gave him a standing O.

#### Mac attack!

Little Mac is back in the ring! In preparation for Monday's release of classic boxing game Punch-Out!! on the Wii, Nintendo has posted two live-action trailers on YouTube that feature our favorite courageous fighter getting back in shape. Glass Joe, King Hippo and Great Tiger—he's coming for you!



#### Let's get digital

How do you top
"[Bleep] in a Box"? Andy
Samberg wasn't sure.
"We didn't want to ruin
it," he tells ew.com
about following up
that 2006 digital short
with "Motherlovers"
on "SNL." But Justin
Timberlake convinced
him, he said. As for who
would play the cougar
moms? Samberg says J.T.

Which J.T.-Andy Samberg collaboration did you like the best? Text "duo" and the number of your answer to 87708. you'll get the poll results instantly.

- 1. "[Bleep] in a Box"
- 2. "Motherlovers"

is friends with Susan Sarandon, and Samberg has the same publicist as Patricia Clarkson.